

Career Choices are Life Choices

Take them Seriously...

Do it Right!



Most teens are required to make one of the most important decisions of their lives – choosing a career – at an age in which they have not even been introduced to the concept of work. For most of them, therefore, choosing the right career is not an easy task.

Also, there may be innumerable opportunities waiting for them in the future, but the gateway to those choices is limited by the narrow choice of subjects.

The bigger problem lies in the disabling, out-dated belief that a high score in a subject is often the only criterion for making a choice.



This is where career counselling comes in.

Ambition Vs Reality

- Before making a career choice, take time to understand yourself, your likes and preferences.
- Ambition cannot be injected nor can it be imitated.
- Does your ambition match your potential, interest and affordability?

Understand yourself by discovering your aptitude and your interest

What is Aptitude ?

Aptitude is inborn potential to do certain kinds of work, whether developed or undeveloped.

Interest and Aptitude :The Difference

“Interest” can be easily lost. We pick up and discard hobbies because something about them captures our interest. However, you cannot ‘pick ‘an aptitude. Our aptitude is an ability that stays with us.

Interests are temporary. An aptitude however is not.

“Aptitude” is innate, natural ability to do something well. We are born with it, and it stays for the rest of our lives.

How career counselling will help you?

- Career counselling offers school children a more systematic and thoughtful way to make a better choice for themselves.
- Career information offers factual data about the subjects available, course content, job requirements and the opportunities available.
- Career guidance enables deep inner exploration to understand their core interests, family influences, aptitude, personality, skills and attitudes.



What is the role of a parent in career guidance?

- As a parent, you have a key role to play in helping your child make career choices.
- Your child requires your active participation and guidance as she/he may not yet be ready to make this big decision entirely on her own.
- Allow your child to do the research himself.
- This engagement with information broadens his thinking and stimulates his interest besides leading him to discover something new.
- Assist him in his search with your support and understanding.
- It is important to discuss the options available for further study and employment after school.
- Listen to him when he talks about his doubts, fears, hopes and ambitions.
- Explain family constraints and abilities – finances, social norms, etc.

DOs and DON'Ts to help your child make a CAREER CHOICE

DOs (marked with a green checkmark):

- Clear out conflicts between your goals and your child's goals through open discussions.
- Guide your child to carry out his own research about career prospects.
- Analyse practicalities of career options and the family's financial status.
- Make your child undergo mini-internships.
- Consider professional career counselling, if need be.

DON'Ts (marked with a red X):

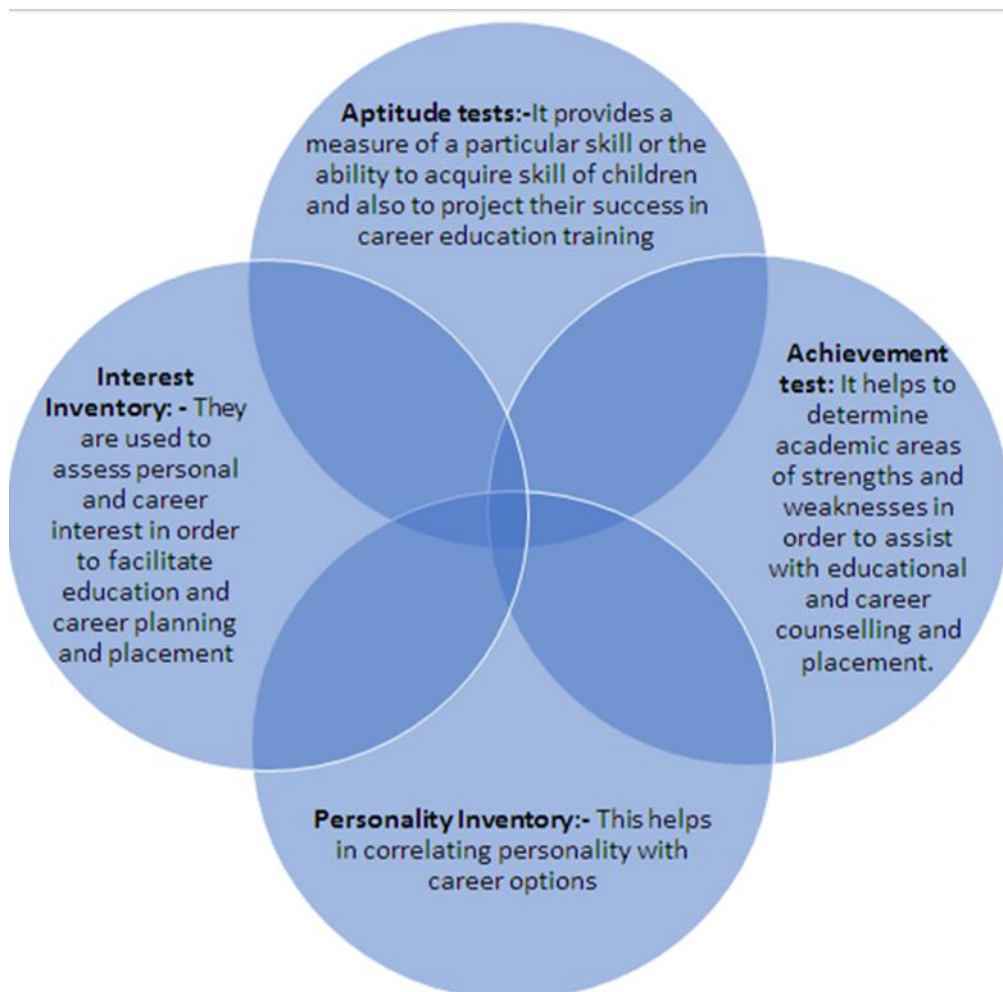
- Don't judge your child's aptitude solely based on marks scored, even when scores are high.
- Don't let family pressure influence you, or peer pressure influence your child.
- Don't compare your child with other children.
- Don't force your child to choose a career, which does not interest her.
- Don't use discouraging words if your child has not scored well.

www.parentcircle.com

Plan your career



Our School, keeping the above principles in mind run its career counselling department that caters to all the present needs of the students, and assesses the career requirements of the students through following assessment instruments:-



“You will survive only if you believe in the power of your dreams.”

To believe in the power of your dreams remember the **4Ps**



*Have a purpose in life,
and a dream will follow;
trim this dream with passion in your heart
and possibilities will open for you.*

Choose today to start believing in the magical power of wishing, hoping and dreaming.

(For information on various national and international colleges, universities and the courses available there, click on the ‘CAREER INFORMATION’ tab)

