

# Campus Connect

## *READING AS MEDITATION: A STEP TOWARDS MINDFUL LEARNING.*



Under the Future Leaders Program, a special session on “Reading as Meditation” was conducted to promote mindful reading habits among students and enhance their concentration, patience, and inner peace through the world of books.

During the session, students were guided on the correct procedure of mindful reading — focusing on the present moment, avoiding distractions, connecting deeply with the content, and reflecting on key learnings. They were made aware of how reading can become a powerful meditative practice that nurtures mental well-being and intellectual growth simultaneously.

As an important part of the session, students were given a 21-Day Reading Exercise. Each student has been instructed to select a book of their choice, read it consistently for the next 21 days, and prepare an informative report based on their understanding, insights, and personal reflections. The aim of this activity is to build a disciplined reading habit and foster self-learning skills.

The session was well-received, and students actively participated with enthusiasm. This initiative is expected to instill a lifelong love for reading and contribute to overall personal development.





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## ***PRINCIPAL'S INFORMATIVE SESSION FOR CLASS XI STUDENTS***

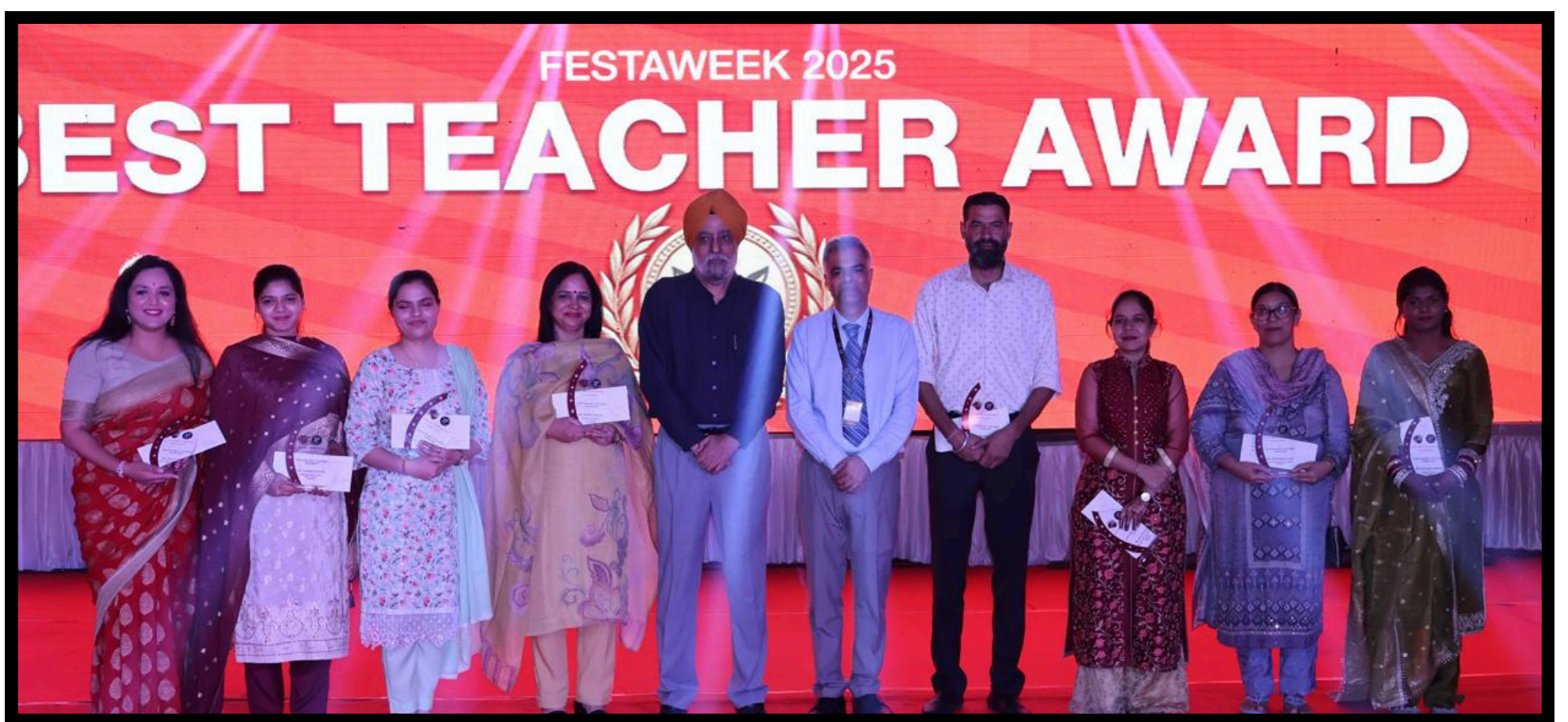
An informative session was held today, October 27, 2025, for the students of Class XI Commerce and Humanities in the Primary Activity Hall. Principal Mr. D.P. Guleria briefed the students about the school's expectations regarding their academic performance, code of conduct, attendance, and turnout in various activities. He emphasized the importance of maintaining a good balance between academics and co-curricular activities, and updated the students about the school's promotion policy. It also inspired them to work towards achieving their goals and making the right choices in life.



During the session, Mr. Guleria shared his personal experiences and insights, inspiring students to make the right choices in life. He motivated them to set clear goals and work towards achieving them, emphasizing the importance of having a clear aim in life.

The session helped the students to understand the academic expectations of the school and gain clarity on the promotion policy. It also inspired them to work towards achieving their goals and making the right choices in life.

## ***PCTE GROUP HONOURS MS. MADHU SHARMA AS BEST TEACHER***



Ms. Madhu Sharma, PGT English and Activity Coordinator of BCM School, has been awarded as one of the Best Teachers by PCTE Group of Institutions. This prestigious recognition is based on a survey conducted by PCTE Group among students, where they got to vote for their favorite teachers. Out of the many talented educators in Ludhiana, Ms. Sharma has been selected as one of the top 10 Best Teachers.



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## FOUNDATIONAL STAGE ORGANIZES SHOW AND TELL COMPETITION



The Foundational Stage of BCM School, Chandigarh Road, organized an exciting Show and Tell Competition for Nursery students, aimed at nurturing confidence and enhancing communication skills among young learners.

The enthusiastic little stars brought along a variety of objects and shared a few lines about them with remarkable confidence. They spoke on interesting and meaningful topics such as Clock, Hygiene, Dinosaurs, Save Trees, and Save Water, showcasing their creativity and growing awareness about the world around them.

## BCM SCHOOL STUDENTS SHINE AT DISTRICT BADMINTON CHAMPIONSHIP



The District Badminton Championship was held from October 23rd to 26th at Shastri Hall, Guru Nanak Stadium. Students from various schools participated in the tournament, showcasing their skills and sportsmanship.

Among the winners were Madhav Jagga from Class 4th E, who won Gold in U-11 Boys Doubles with a cash prize of ₹5100, Bronze in U-11 Boys Singles with a trophy and gift, and Bronze in U-13 Boys Doubles with a trophy and gift. Arjun Jagga from Class 9th D won Silver in U-15 Boys Doubles with a cash prize of ₹3100, a gift, and a trophy. The tournament provided a great platform for young players to showcase their talent and compete with their peers.

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