



**BCM SCHOOL, CHANDIGARH ROAD, LUDHIANA**

A Senior Secondary school of BCM Foundation

Affiliated to CBSE, New Delhi

Sec-32A, Chandigarh road, Ludhiana

www.bcmschools.org **Rotate in values, Ready for the future** 02 October 2025

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## CELEBRATING MULTIPLE OCCASIONS OF INSPIRATION:

**DUSSEHRA, GANDHI JAYANTI & LAL BAHADUR SHASTRI JAYANTI**



BCM School, Chandigarh Road, observed the unique convergence of three significant occasions—Dussehra, Gandhi Jayanti, and Lal Bahadur Shastri Jayanti—on 2nd October with great zeal and reverence. The celebrations were marked by cultural vibrancy, creative expression, and deep reflection on the timeless values these occasions embody.

The Middle Wing honored the day through class-wise activities:

Class VI students delivered speeches on the key movements led by Mahatma Gandhi.

Class VII recited Ramayan Chaupaai along with its meanings, reflecting on the life of Lord Rama.

Class VIII presented the invaluable contributions of Lal Bahadur Shastri in India's freedom struggle and governance.

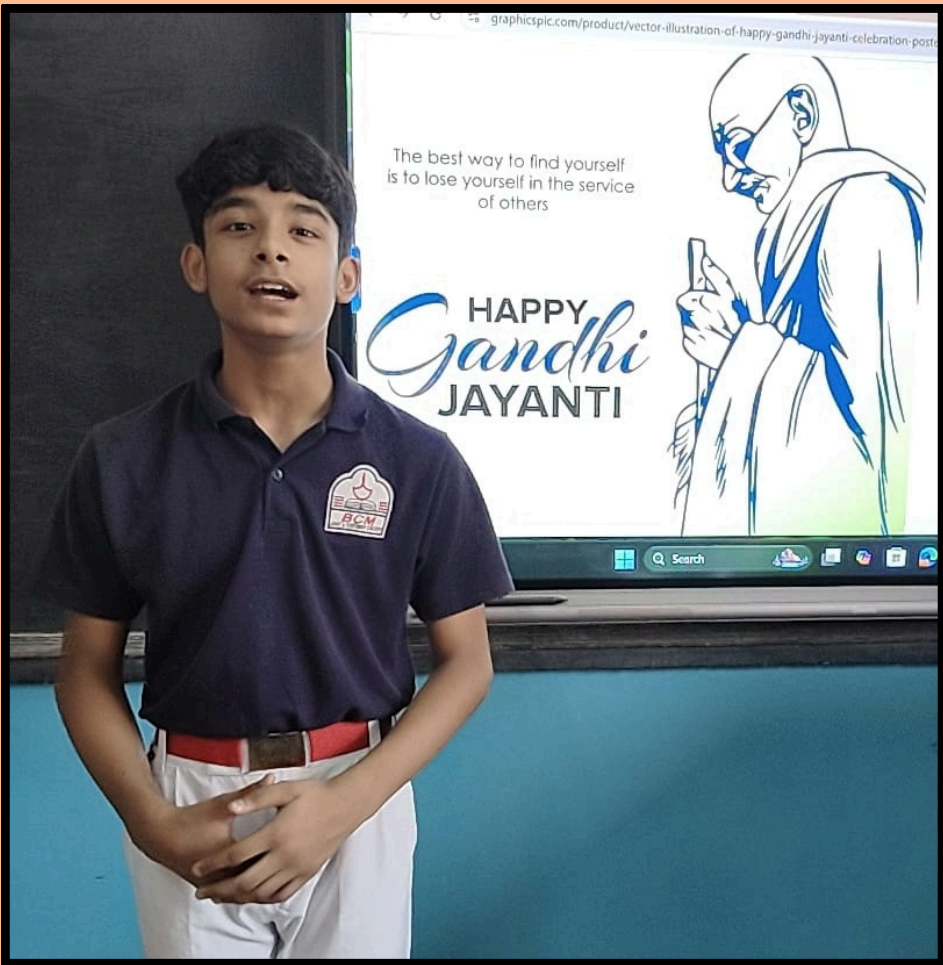
To further commemorate the birth anniversaries of Mahatma Gandhi and Lal Bahadur Shastri, students also participated in a Bio-sketch Writing Competition, penning down the life histories of both great leaders. Their writings highlighted Gandhi Ji's ideals of truth, non-violence, and simplicity, along with Shastri Ji's humility, honesty, and his inspiring slogan "Jai Jawan, Jai Kisan."

At the Foundational Stage, the day began with a special assembly and joyful activities that combined the spirit of both Dussehra and Gandhi Jayanti. Nursery students crafted miniature charkhas with ice-cream sticks and Ravana faces with crowns. LKG learners designed charkhas using matchsticks, buttons, and sticks, while also creating colorful Ravana figures. UKG students expressed Gandhian philosophy through slogan writing such as "Bura na dekho, Bura na bolo, Bura na suno" and designed Ravana masks. A lively puppet show on the Ramayana brought the story of Lord Rama and the triumph of good over evil to life for the young learners.





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## HEALTHY HABITS, HAPPY MINDS – A LIFE SKILL SESSION WITH THE PRINCIPAL



The students of Class VI had a special opportunity to attend a Life Skill Session conducted by our respected Principal, Mr. DP Guleria. He emphasized the importance of following a healthy daily routine, explaining that true happiness comes from a healthy body, positive thinking, and disciplined living.

He highlighted the role of LSRW skills, daily exercise, and book reading before bedtime in overall development. Speaking about the power of prayer, he explained the significance of the Gayatri Mantra, which helps purify the mind, improve concentration, and bring inner peace.

He also motivated the students with these inspiring words: “Acceptance brings peace. When we feel good about ourselves and learn to ignore unnecessary criticism, our self-esteem grows. If you truly want to be happy, begin with self-esteem – but let it be genuine, not fake.”

The session was motivational and enriching, encouraging students to adopt good habits for a successful and balanced life.

## BCM SCHOOL'S UNDER 19 GIRLS TEAM SHINES AT SAHODYA MEET, SECURES BRONZE MEDAL



3 BCM School extends heartfelt congratulations to its Under 19 Girls Team for their remarkable achievement in clinching the Bronze Medal 🏅 at the prestigious Sahodya Meet held at KVM School, Ludhiana.

The team's exceptional performance is a testament to their dedication, hard work, and teamwork, showcasing their prowess and spirit in the competition.

Kudos to the talented young athletes for representing BCM School with excellence and bringing pride to their institution.

BCM School celebrates this accomplishment and applauds the team's commitment to sporting excellence.





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## CBSE SWACHHTA PAKHWADA:

**NURTURING CLEAN HABITS FOR A HEALTHIER TOMORROW**



As part of the CBSE Swachhta Pakhwada initiative, BCM School, Chandigarh Road, organized an impactful awareness drive led by the enthusiastic members of the Eco Club and Health Club. The campaign focused on sensitizing young learners about the significance of cleanliness, personal hygiene, and a safe environment, thereby laying the foundation for lifelong healthy habits.

The drive was conducted for the students of Classes I and II through a series of interactive sessions, engaging demonstrations, and lively discussions. Children were guided on the proper techniques of handwashing, the importance of maintaining personal hygiene, and the role of keeping their surroundings clean. By involving them in fun-filled activities and practical demonstrations, the initiative ensured that these essential habits were not only understood but also adopted in daily life.

The program emphasized that cleanliness is not just a practice but a responsibility that each individual must uphold to build a healthier society. Through this campaign, students learned that simple actions like washing hands correctly, using dustbins, and keeping classrooms tidy contribute significantly towards preventing diseases and creating a positive environment.

The Swachhta Pakhwada observance thus served as a valuable platform to encourage young learners to become ambassadors of cleanliness, spreading the message of hygiene and environmental responsibility beyond the school premises. It reinforced the vision of cultivating disciplined, aware, and responsible citizens who contribute to a cleaner and healthier tomorrow.

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