

#### BCM SCHOOL, CHANDIGARH ROAD, LUDHIANA

A Senior Secondary school of BCM Foundation Affiliated to CBSE, New Delhi Sec-32A, Chandigarh road, Ludhiana

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## Campus Connect

### "HEALTHY MIND, NOBLE HEART, STRONG LIFE"

#### A LIFE SKILLS SESSION WITH THE PRINCIPAL



A Life Skills Session was conducted for Class VII by our respected Principal, Mr. D.P. Guleria. He spoke on self-esteem and healthy living, explaining that selfesteem leads to self-awareness and self-growth.

Sir guided students to take care of their head, heart, guts, and limbs, develop LSRW skills and make decisions with compassion, courage, and wisdom. He highlighted the importance of acceptance and resilience in facing challenges with strength and positivity.

He also stressed the value of a healthy daily routine—sound sleep, prayer, greetings, exercise and following safety rules. Further, he explained the significance of the Gayatri Mantra in bringing inner strength and positivity.

The session concluded with the inspiring message that discipline, gratitude, acceptance, and faith in God help in living a healthy, resilient, and valuebased life.

### BCM STUDENTS EXPLORE CREATIVE FUTURES WITH ÉCOLE INTUIT LAB, DELHI

Mr. Deepak from École Intuit Lab, Delhi, visited BCM School, Chandigarh Road, Ludhiana, for a discussion on the application process and scholarship opportunities offered by the institution.

École Intuit Lab, a reputed French design college, is known for its global approach to design education, blending creativity with professional exposure. During the discussion, Mr. Deepak elaborated on the admission criteria, portfolio requirements, and scholarship options available for aspiring design students.

The interaction provided valuable insights into the academic structure and international opportunities offered by École Intuit Lab, encouraging students to explore design as a creative and futuristic career path.







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# INTERNATIONAL GIRL CHILD DAY OBSERVED WITH ENTHUSIASM



On 3rd October 2025, the Middle Wing of our school observed International Girl Child Day with great enthusiasm and a spirit of awareness. The event aimed at sensitizing young minds about the importance of valuing and empowering girls in society.

The programme began with a Poetry Recitation Competition by the students of Class VI, who expressed their thoughts through heartfelt verses on the theme "Save Girl Child". Their touching poetry not only highlighted the challenges faced by girls but also emphasized the need to protect, respect, and nurture them.

This was followed by an Extempore Competition for the students of Classes VII and VIII, where participants spoke passionately on issues related to gender equality, education, and women empowerment. Their spontaneous and powerful words reflected deep understanding and strong conviction towards building a more inclusive and progressive society.

The celebration was both inspiring and thought-provoking, successfully conveying the message – "Save Girl Child, Empower the Nation." Such events play a vital role in shaping the perspectives of students and encouraging them to contribute towards creating a world where every girl can dream, grow, and achieve her potential.

# FOUNDATIONAL STAGE CELEBRATES WORLD SMILE DAY





The tiny tots of Nursery, LKG and UKG celebrated World Smile Day with great joy and enthusiasm on 3rd October 2025. Nursery children created cheerful smiley faces by pasting colourful buttons, while the LKG students spread happiness by colouring a poster of smiley balloons. The UKG children also enjoyed making smiley faces on paper plates through drawing and colouring, showcasing their imagination and creativity. The entire celebration filled the atmosphere with warmth and positivity as the children learnt the value of sharing smiles.

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