



BCM SCHOOL, CHANDIGARH ROAD, LUDHIANA

A Senior Secondary school of BCM Foundation

Affiliated to CBSE, New Delhi

Sec-32A, Chandigarh road, Ludhiana

www.bcmschools.org *Rotate in values, Ready for the future* 08 October 2025

Campus Connect

BCM SCHOOL'S LIFE SKILL SESSION FOR GRADE IX UNDER MENTAL HEALTH AWARENESS WEEK



BCM School conducted an impactful Life Skill session for Grade IX students led by Principal Mr. D. P. Guleria and Vice Principal Ms. Manju Bhatti, focusing on mental, physical, and emotional well-being. Held during Mental Health Awareness Week, it highlighted the school's commitment to positivity and holistic growth.

The interactive session inspired students to embrace living life artistically, using real-life examples to teach core values like empathy and self-care. Both the visionary leaders emphasized balance and resilience strategies. Students were encouraged to express themselves freely, share their thoughts, and participate in mindful discussions that helped them understand the importance of emotional intelligence in daily life.

The session also focused on building confidence, fostering gratitude, and promoting self-awareness among students. Through engaging activities and reflective exercises, participants learned the significance of maintaining a positive mindset and supporting one another in times of stress. This reflects BCM School's regular efforts to instill life skills, empowering students with tools for personal growth and healthy relationships.

The initiative supported students' holistic development, encouraging them to prioritize well-being. BCM School continues integrating such sessions to nurture well-rounded individuals capable of leading balanced, fulfilling lives.



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GURLEEN KAUR SECURES THIRD PRIZE AT LSSC PUNJABI DECLAMATION COMPETITION

Gurleen Kaur, a distinguished student of Class XII Arts at BCM School, has excelled by winning the Third Prize at the LSSC Punjabi Declamation Competition. The prestigious event, held at Baba Isher Singh School, BRS Nagar, Ludhiana, witnessed enthusiastic participation from over 35 renowned schools across the city. Gurleen's commendable achievement was meticulously prepared under the guidance of Ms. Alka. BCM School congratulates Gurleen Kaur on this notable accomplishment, underscoring the school's commitment to fostering linguistic proficiency, confidence, and holistic development among students.

Her achievement stands as a testament to BCM School's dedication to providing platforms that help students showcase their talents and excel in diverse linguistic and literary pursuits.



"YUVA SHAKTI VIKSIT BHARAT"



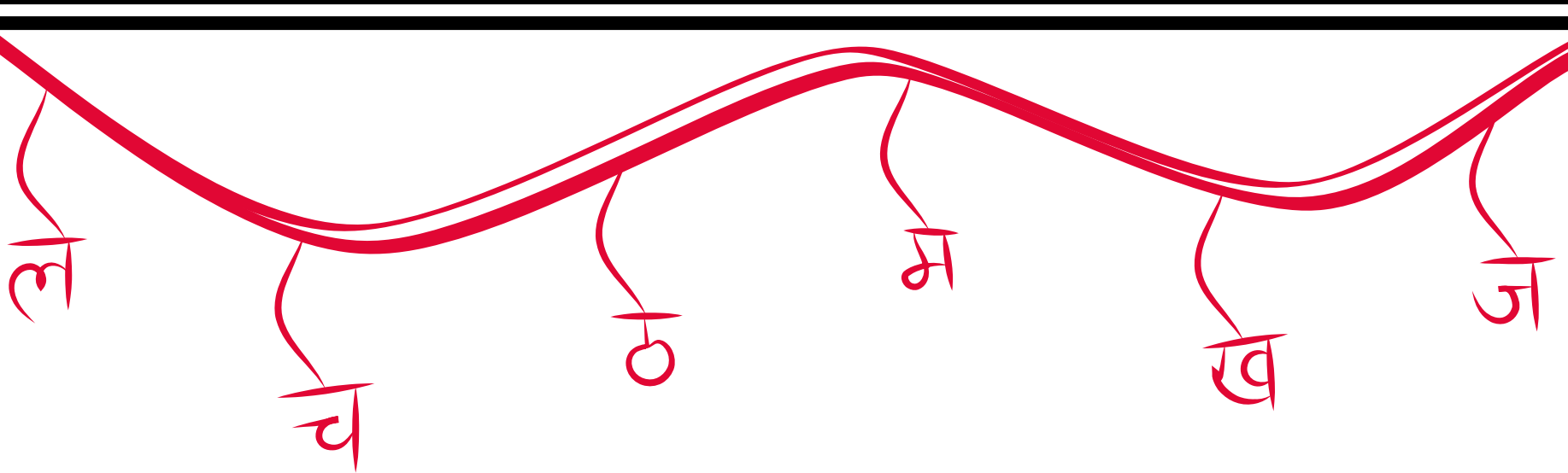
Class 7B's auditorium assembly celebrated the theme "Yuva Shakti Viksit Bharat," showcasing the power of youth. The event featured:

1. Yoga for physical and mental well-being
2. A soulful Bhajan performance
3. Shark Tank Junior, where students pitched innovative businessideass
4. A debate on "Social Media is Making Us More Social"
5. Swadesh Manthan highlighting West Bengal's culture and heritage
6. An engaging Quiz testing knowledge and quick thinking

The assembly was a grand success, reflecting the class's talents, teamwork, and dedication towards creating an inspiring and educational experience.



Campus Connect



MATRA MAGIC: FOUNDATIONAL STAGE UKG STUDENTS EXPLORE HINDI VOWELS



To enhance their understanding of Hindi Matras, an engaging “Matra Gyaan” activity was organized for UKG students at BCM School Chandigarh Road Foundational Stage. The young learners participated with great enthusiasm, holding colourful placards displaying different Matras along with corresponding words and pictures. Their bright expressions and confident recitations filled the atmosphere with excitement and curiosity.

The activity aimed to build a strong foundation in Hindi by making children familiar with the sounds and usage of Matras in a fun and interactive way. Teachers guided the students through creative pronunciation drills, rhythmic recitations, and visual demonstrations that made learning effortless and enjoyable. The use of visual aids and play-based learning techniques helped in reinforcing recognition and understanding of vowel sounds.

Such hands-on experiences not only improve linguistic and pronunciation skills but also boost confidence and communication abilities among the children. BCM School constantly strives to create joyful learning spaces where education goes beyond books and engages the heart and mind of every learner. The “Matra Gyaan” activity was a delightful step towards nurturing a love for language and making the learning process truly magical for the young minds.

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